**DISHES AND THEIR ALLERGEN Chart SNADWITCHES & PACK LUNCHES**  (Note – Please state the name of the cereal(s) containing gluten\*\* in that column AND/OR the name of the nut(s)\* in that column)

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Celery | Cereals containing gluten\*\* | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts\* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| ROLL |  | **✓** |  |  |  |  | **✓** |  |  |  |  | **✓** |  |  |
| WRAP |  | **✓** |  | **✓** |  |  | **✓** |  |  |  |  |  |  |  |
| BUTTER |  |  |  |  |  |  | **✓** |  |  |  |  |  |  |  |
| RASINS |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| YOGHURTS  \*STRAWBERRY |  |  |  |  |  |  | **✓** |  |  |  |  |  |  |  |
| CUCAMBER |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| HAM |  | **✓** |  |  |  |  | **✓** |  |  |  |  |  |  |  |
| CHEESE |  |  |  |  |  |  | **✓** |  |  |  |  |  |  |  |
| HAM/CHEESE |  |  |  |  |  |  | **✓** |  |  |  |  |  |  |  |
| TUNA MAYO |  |  |  | **✓** | **✓** |  |  |  |  |  |  |  |  |  |
| SAUSAGES | **✓** | **✓** |  | **✓** |  |  | **✓** |  |  |  |  |  |  |  |
| Chicken mayo |  |  |  | **✓** |  |  | **✓** |  |  |  |  |  |  |  |
| Egg mayo |  |  |  | **✓** |  |  |  |  |  |  |  |  |  |  |
| Jam  \*low sugar & straw. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

01/09/2024. JOANNA PISKULA

Review date: Reviewed by: You can find this template, including more information at www.food.gov.uk/allergy